

Tot Shabbat To Go



Check out the Tot Shabbat Playlist on Spotify! Scan the QR code to the left or visit bit.ly/totplaylist



What's on the Tot Shabbat Spotify Playlist? How can I use it to make Shabbat come alive for my family?

1. **There's a Dinosaur** is a silly song that helps your children learn the three main parts of a Friday night Shabbat dinner, lighting candles, drinking wine or grape juice, and eating challah.
2. **Hineh Ma Tov** means "how good it is to be together." This repeat-after-me version from Rabbi Joe Black is a great way to learn the words if you have never heard this song before. While we are sad we can't be together as a whole community at Temple Emanuel during the pandemic, it is also pretty special to spend Shabbat at home with your family. You can use this as an opportunity to teach gratitude for spending quality time together.
3. **Shema** is the most important prayer in Judaism. The first word "Shema" means "listen." "Adonai" is one of the many names for God you'll find in a Jewish prayer book.

*Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!
Baruch shem k'vod malchuto l'olam va-ed.
Hear, O Israel, Adonai is our God, Adonai is One!
Blessed is God's glorious majesty forever and ever.*

The words of Shema come from the Torah (Deuteronomy 6:4). The lines that follow in the Torah now make up part of the V'ahavta prayer, which commands us to show our love for God through study, sharing Jewish traditions with our families, and other customs such as hanging a mezuzah on our doors.

"The Sh'ma and V'ahavta hold special meaning when understood as directives to the Israelites about to cross the Jordan into Israel. At a time so central to the formation of the people, they are told about love and the importance of preserving family, educating one's children, and maintaining one's relationship to the Divine."

(from The Torah, a Women's Commentary, p. 1077)

4. **Hashkiveinu** is like a Jewish lullaby. We say it in the evening before bedtime. It asks for a “sukkat shalom,” a shelter of peace, to protect us while we sleep. This is the perfect song to snuggle up with your family and have a peaceful moment of calm after a busy week.
5. **Oseh Shalom** is a prayer for peace. This version by Elana Jagoda includes a beautiful English translation of the prayer.
6. **What Are You Thankful for Today?** This Thanksgiving season is the perfect time to teach that gratitude is a Jewish value. The Hebrew term for gratitude is “Hakarat HaTov,” which means “noticing the good.” Ask everyone in your family to share something they are thankful for. Then when it has filled you up with warm fuzzies, have a dance party with this fun song!

Tracks 7-9 are the basic melodies for the Friday night blessings:

- Shabbat candles
- Kiddush, the blessing over wine or grape juice
- HaMotzi, the blessing over challah or bread

There are also videos of these rituals on the Tot Shabbat To Go page of the Temple Emanuel website.

The rest of the playlist has some other favorite Tot Shabbat songs. We don't expect your preschoolers to make it through more than the first few songs. But we wanted to give you more options if you'd like to play this music in the background during play time, car rides, etc. Hearing the music will make Shabbat and Jewish music in general more familiar and fun for your children (and for you!).

Shabbat Shalom!